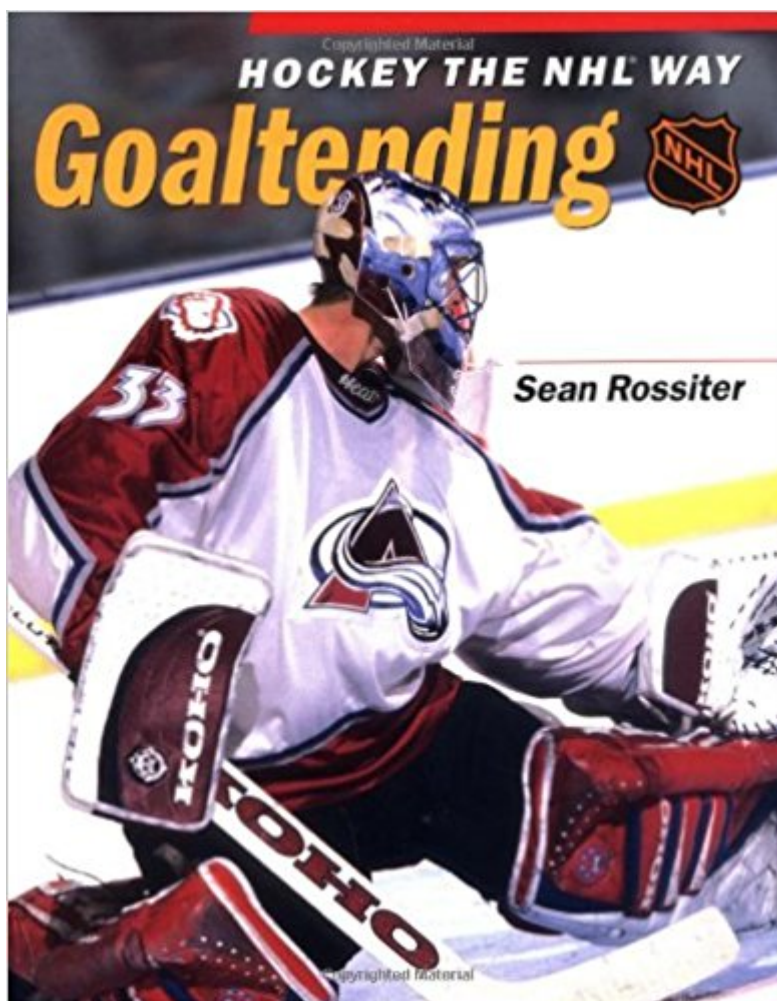


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# Hockey The NHL Way: Goaltending



## Synopsis

If you're just starting out playing hockey, let the stars, coaches, and strategists of the NHL show you how to master goaltending and play the game the way the pros do it. See how the great goaltenders have mastered all aspects of defending the net. On every page you get full-color close-up action photos of goalies in game situations--both the pros and kids of all ages--that show you exactly what to do. Study the various playing styles and techniques, the proper angles and movements, the right ways to play screen shots, defend against odd-man rushes, and handle the puck in a variety of game situations. Alongside the action photos, expert commentary clearly explains what's being done, why, and how you can do it. Learn to master the head game, develop the proper attitude, deal with fear, stay in condition, care for your equipment. Best of all, you get personal tips from famous NHL goalies like Patrick Roy, Felix Potvin, and Bill Ranford, who tell you what it's like to be a champion, and encourage you to become one. 64 pages (all in color), 8 x 10.

## Book Information

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## Customer Reviews

I picked up this book when I was goaltending to see if there was anything in there that could help me out. There were a few basic fundamentals, but most of it was geared towards getting children interested in playing the goaltender position. There was less focus on drills and more focus on showcasing the accomplishments of Patrick Roy, Dominik Hasek, Ed Belfour, and Chris Osgood (among many others.) Recommended largely for collectors, but could also be useful to show kids the history of the goaltending position.

It's not a very indepth book. If you just want some goaltending highlights go for it, but if you are serious about learning more choose something else.

Although I am not very familiar with the 'Hockey The NHL Way' series, this book is a great buy! Many of the pictures in the book are not only of NHL goaltenders, but of young players in the minor and 'pee wee' type leagues. It is written in very simple language, so it's not a difficult read for younger players. Although those of us a little older may find it a tad simplistic, the advice is pretty much what you'll find in any other 300 page book on goaltending, only it's something you can whip through in about 20 minutes. Practical as a quick-reference type thing for those of us older folks who are just getting into the game (if the kiddie pictures don't damage your ego too much, that is!). Loaded with full color photos and practical advice on how to play well, play fair, and be prepared; it also offers more technically oriented information like the strengths and weaknesses of both the stand-up and butterfly styles of goaltending, as well as the proper way to take care of equipment. Other things about this book I found to be noteworthy:- the entire book is written in a format that is not gender specific, and although all the pictures are of young boys or NHL players, there is a quote by Danielle Dube; goaltender of the Canadian Women's National Hockey Team. I have yet to find anything in most of the other books I've purchased that includes any input from female players, or is non-gender specific ... a great book for female goaltenders!- there is some pretty amazing advice on the less technical and physiological elements of goaltending, like how to be prepared and how to maintain a good level of concentration, as well as team work and good sportsmanship.- there is a strong emphasis on non-violent competition.- the book includes some very basic stretches and exercises for young goaltenders. All in all this book is valuable for just about anyone who is still learning about the wonderful world of netminding. Most definitely a great buy for hockey moms and dads as well, since it's a quick read that will help you understand what your child needs as a young goaltender, and what s/he needs to work on to improve. The good majority of the book is full colour photos, but it's cheap and the advice is practical. A pretty good investment by my standards!

Goaltending is an excellent choice for anyone interested in being a young goaltender. Good photographs and concise information which offers tips on goaltending techniques. All the books in this series are "a good buy".

I learned a lot from this book when I was learning goaltending in middle school, however the position has changed a lot in the last decade+. New equipment materials, designs, and rules have made "stand up" goaltending obsolete and has transformed the "butterfly" into the "pro-fly" technique, which had not yet emerged at the time of this book, but is now the standard technique. That said, the book still has value in teaching the very basics to young goalies, but as always one week at a hockey camp will teach 10x more than any book.

This book is mainly geared towards kids, but is extremely helpful to a beginning goalie of any age. The full-color pictures and advice from NHL goalies are applicable no matter how old you are. The equipment section is not very in-depth (neither is most of the book), but it is an inexpensive way to get a solid overview of the goaltending position.

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